COVID-19 Protocols and Vaccination Requirements at the Four Points Sheraton

- **Proof of vaccination** is required of all GRC chairs, conferees, speakers, discussion leaders, and guests.
- **Masks are required** in all conference spaces, except when eating or drinking. Invited speakers may choose not to wear a mask while speaking in cases where the presentation stage is at an appropriate distance from the audience to maintain social distancing. GRC will provide masks to attendees and guests upon check-in.
- Poster sessions will be spaced out as much as possible and may flow into multiple rooms to accommodate social distancing. There will be rotating viewing times for posters based on the number of participants and the number of posters presented.
- Dining options will be available to accommodate social distancing. Options include eating outside (weather permitting) or taking their meal to their room using containers provided by the hotel.

**Additional Health and Safety Practices in Place at Four Points**

- Four Points is utilizing the best practices as set forth by the CDC for cleaning and disinfection, including utilizing hospital-grade disinfectants and regularly cleaning high-touch surfaces. The hotel also utilizes enhanced cleaning technologies like electrostatic sprayers for sanitizing.
- Hand sanitizer stations are available at hotel entrances, front desks, elevators and in meeting spaces.

**California’s COVID-19 Travel and Testing Information**

- As of December 6th, in order to travel to the U.S proof of a negative COVID-19 test or Documentation of Recovery is required. For more information on this policy and how it impacts your travel, [click here](#).
- Some individuals may be required to take a COVID-19 test prior to departure back to their institution. Information on local testing sites can be found below.
  - To find a local CVS minute clinic offering COVID-19 testing [click here](#) and enter the zip code “93001”.
  - LAX offers testing with results processed in an hour. For information about location and how to make an appointment, [click here](#).
  - Another option for testing is the state-run public facility, located at:
    - 255 W Stanley Ave, Ventura, CA 93001
    - The facility is open Monday – Friday 11am to 7pm, by appointment only. To make an appointment, register at [https://lhi.care/covidtesting](https://lhi.care/covidtesting) or call 888-634-1123.
**ARRIVAL AND CHECK-IN**

Los Angeles International Airport (LAX): Located 65 miles south of Ventura.

Santa Barbara Municipal Airport (SBA): Located 40 miles north of Ventura.

Hollywood Burbank Airport (BUR): Located 60 miles south of Ventura.

**Rental car:** Click here for GRC’s discounted rates with Enterprise or National Rental Car. Enterprise has a Clean Car Pledge to combat the spread of COVID-19.

**Shuttle bus:** Several airport shuttle options via the Ventura County Airporter, or Smart Shuttle. For the Smart Shuttle, use promo code GRC21. https://www.smartshuttle805.com/reservations. With this service, please note that there may be up to a 2 hour wait time at the airport while awaiting other passengers. Shared shuttle pricing can only be utilized by passengers who are traveling together to/from the same location and traveling on the same flight.

**Amtrak:** Station located in Ventura (VEC).

**GRC Check-in** is from 2:00 pm – 8:00 pm in the GRC Office located in the Commodore Room.

- Visit the front desk if you arrive outside of standard check-in hours.
- **GRS check-in** is from 2:00pm—6:00pm on Saturday. 

The GRC office is located in the Commodore Room.

---

**PLANNING YOUR VISIT**

**Dress is Casual**
Bring a relaxed wardrobe and comfortable shoes. Please check the weather forecast and plan to bring a raincoat and or light jacket for outside activities.

**Activities**
Once you arrive on-site, you can sign up for various activities such as whale watching, wine tasting, hiking, and trolley tours. Click here for a page of local activities. A representative from Ventura Visitors Bureau will be on-site to answer questions.

**Health & Safety**
All GRC conferees are required to wear a mask in conference spaces, and provide proof of vaccination prior to their arrival on site. Social distancing practices will also be followed to the fullest extent available. Four Points is located within 10 minutes of hospital facilities.

**MEALS**
All meals are served buffet style in the Clipper Room. Vegetarian and gluten free selections are provided at all meals. Kosher meals (with two weeks advance notice) are available at the site for no additional cost.

**SCIENCE AND POSTER SESSIONS**

**GRC & GRS Science Sessions** are typically held in the San Buenaventura Ballroom.

**GRC & GRS Poster Sessions** are held in Alexander’s Restaurant. Poster board dimensions are 4 feet X 4 feet.

**DEPARTURES**
Breakfast is available on Friday morning from 7:30 am to 8:30 am.
Hotel check-out is at 10:00 am.