

GRC at REGAL RIVERSIDE HOTEL

34-36 Tai Chung Kiu Road, Sha Tin, Hong Kong

www.regalhotel.com



ARRIVAL AND ACCOMMODATIONS

Hong Kong International Airport to Regal

Riverside: Attendees flying into Hong Kong International Airport will need to pass through immigration, collect luggage and then pass through customs. There are several options to travel from the Main Hall of the Terminal to the hotel:

- **Taxi:** The easiest way to travel if you have a lot of luggage, taxis are readily available outside of the terminal.
- **Airport Express/MTR:** If you wish to travel from the airport to the site using the train and subway, please see the attached MTR map.

GRC Check-in is from 2:00 pm – 9:00 pm in the hotel lobby.

- If you arrive outside of standard check-in hours, please visit the GRC office. If the office is closed, check-in at the front desk.
- GRS check-in is from 2:00 pm – 5:00 pm on Saturday.

The GRC office is located in the Shatin Room, 1/F.

ACCOMMODATIONS AND HOTEL AMENITIES

- Single or twin room
- Non-smoking
- Private bathrooms
- Complimentary Wi-Fi throughout the hotel
- Hairdryer
- Flat screen TV
- In-room safe
- Coffee/tea in room

Amenities

- Pool
- Fitness center
- Business center
- Spa
- On-site parking
- Mobility accessible rooms



PLANNING YOUR VISIT

Dress is Casual

Bring a relaxed wardrobe and comfortable shoes. In Hong Kong this time of year there are temperatures, high humidity, and frequent heavy rains. We strongly recommend you bring a raincoat, and lightweight clothing you can layer since it will be hot outside, but heavily air-conditioned indoors.

Currency

The official currency is the Hong Kong dollar (HKD). Foreign currencies can be exchanged upon arrival at the airport, however exchange rates there are high, so it is recommended to get HKD before you arrive. The Octopus card is an extremely convenient and widely accepted form of payment in Hong Kong. You can purchase a card at the airport, 7-Eleven locations, and at the customer service center of most MTR (subway) stations.

<http://www.octopus.com.hk/en/consumer/index.html>

Activities

Once you arrive on-site, you can sign up for various afternoon activities such as a trip to Tsim Sha Tsui.

MEALS

All conference meals are served buffet style. Breakfast will be served in L'eau Restaurant. Lunch and dinner will be served in the Tai Po Room, 2/F. If you have food allergies or dietary restrictions please let us know when you register. Kosher and Halal meals are not available.

SCIENCE AND POSTER SESSIONS

GRC Science sessions are held in the Riverside Ballroom, 1/F.

GRS Science sessions are held in the Bauhinia Room.

Poster sessions are held in the Riverside Ballroom.

Poster board dimensions are 4 feet x 4 feet.

ELECTRICITY

Standard electrical voltage in Hong Kong is 220 volts AC, 50Hz. The majority of electrical outlets in Hong Kong take a three-pronged UK-style plug.

DEPARTURES

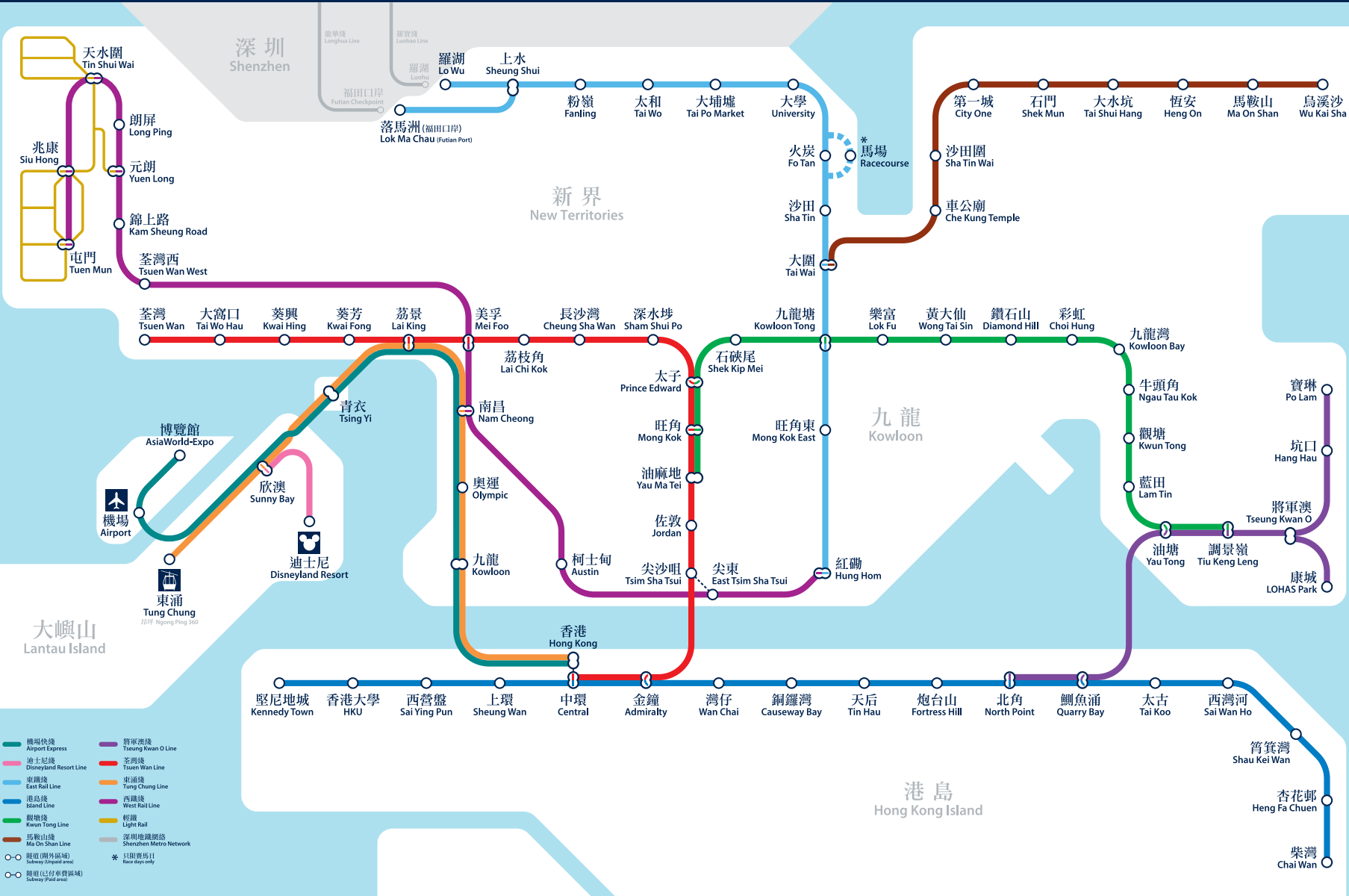
Breakfast is available on Friday morning from 7:30 am to 8:30 am.

Hotel check-out is at 12:00 pm.



ADDITIONAL DETAILS ARE AVAILABLE AT WWW.GRC.ORG

港鐵路綫圖 MTR system map



- 機場快線 Airport Express
 - 迪士尼綫 Disneyland Resort Line
 - 東鐵綫 East Rail Line
 - 港島綫 Island Line
 - 觀塘綫 Kwun Tong Line
 - 馬鞍山綫 Ma On Shan Line
 - 將軍澳綫 Tsung Kwan O Line
 - 荃灣綫 Tsuen Wan Line
 - 東涌綫 Tung Chung Line
 - 西鐵綫 West Rail Line
 - 輕鐵 Light Rail
 - 深圳地鐵網絡 Shenzhen Metro Network
- 延拓 (填外圍區域) Subway (Extend area)
 ○ 發展 (已付首期費區域) Subway (Paid area)
 * 只限假期使用 Race-day only